

**BLUE RIDGE SWIM LEAGUE  
SEPTEMBER QUAD  
SEPTEMBER 19<sup>th</sup>, 2009**

**LOCATION :**           **NOMAD AQUATICS AND FITNESS  
11202 HARRIS RD.  
HUNTERSVILLE, N.C. 28078**

**DATE/TIME:** Saturday, **SEPTEMBER 19th, 2009.**

Warm-ups begin at **8:00am** and the meet starts at **9:00am**

**Coaches meeting in hospitality room located behind warm pool at 7:45am**

**Officials meeting in hospitality room located behind warm pool at 8:45am**

**FACILITY:** Competition 25 yd. pool , 10 lanes wide.

Depth is 6 ft. equipped with non-turbulent 8 foot wide lane lines with built-in/permanent starting blocks. An IST electronic timing system with ten-line scoreboard will be used.

Stopwatches/backup buttons will be used for backup times.

1500 sq.ft locker rooms are provided for athletes.

Spectator seating for 500. Spectators to bring their tents and chairs.

Visit [www.nomadaquatic.com](http://www.nomadaquatic.com) to view the facility.

**WARM-UPS:** Warm-ups begin at **8:00am**. Warm-ups will be conducted according to the NCS Safety Program and shall be supervised.

Warm-up/team lanes will be provided at the pool.

First 30 min.will be circle swim only.

Lanes 1,10 pace lanes and lanes 2-9 race starts from start end of pool., one way swim only, exit from opposite end of pool.

**RULES:** The meet will be conducted in accordance with the current USA Swimming Rules and Regulations and the NC Official Handbook and the NCS Safety Program, except where the rules therein are optional and exceptions are herein stated.

**SANCTION:** Sanctioned Status: Held under the sanction of USA Swimming, Inc. Issued by North Carolina Swimming, Inc. Sanction #

**CLASSIFICATION:** Age Group closed league (Blue Ridge Swim League) meet. USA swimming sanctioned meet.

**ELIGIBILITY:** All swimmers must be current members in good standing of the Blue Ridge Swim League to be eligible to swim in this meet. All swimmers must be registered with USA Swimming Inc.

**SAFETY:** The North Carolina Swimming Safety Guidelines will be in effect during this meet. Coaches are advised to supervise their swimmers at all times.

**RELEASE STATEMENT:** "USA Swimming, Inc., North Carolina Swimming, Inc., and Nomad Aquatics and Fitness shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet."

**ENTRIES:** Entries must be submitted using HY-TEK Team Manager. Entries should be e-mailed to [missy@nomadaquatic.com](mailto:missy@nomadaquatic.com) .  
List ages of swimmers as of September 19<sup>th</sup>, 2009.

**ENTRY LIMIT:** Swimmers may enter a maximum of three (3) individual events and two (2) relay events. Late entries may be accepted at the discretion of the Meet Director and will not be seeded.

**ENTRY DEADLINE:** All entries must be received no later than 6:00 pm Wednesday September 9<sup>th</sup>, 2009. Late entries may be accepted at the discretion of the meet director. Late entry fees may be double the listed amount and at the Meet Director's discretion. There will be no "on deck" registration.

**SEND ENTRIES TO :** [missy@nomadaquatic.com](mailto:missy@nomadaquatic.com) /[tqueen98423@roadrunner.com](mailto:tqueen98423@roadrunner.com)

**AWARDS:** Ribbons will be given **1st thru 6th** place for **individual events** and **1st thru 3rd** place for **relay events**.

**SCORING** – Meet will not be scored.

**MEET DIRECTOR/ENTRY COORDINATOR:** Missy Hubbard-704-949-1543 or [missy@nomadaquatic.com](mailto:missy@nomadaquatic.com)

**MEET REFEREE:** Lou Mondelli  
**MEET MARSHALL:** Missy Hubbard

**HOSPITALITY WILL BE PROVIDED FOR COACHES AND OFFICIALS.**

**SPECTATOR SEATING: PARENTS TO BRING THEIR OWN CHAIRS.**

*"All coaches and officials on deck must be registered and certified with USA Swimming. Meet Management will require all coaches and officials to show proof of certification / registration. Coaches and officials shall prominently display their registration cards while on deck."*

# BLUE RIDGE SWIM LEAGUE

## Order of Events

| Girls Event # | Event                     | Boys Event # |
|---------------|---------------------------|--------------|
| 1             | 8-Under 100 Free Relay    | 2            |
| 3             | 10-Under 200 Free Relay   | 4            |
| 5             | 11-12 200 Free Relay      | 6            |
| 7             | 13-14 200 Free Relay      | 8            |
| 9             | Senior 200 Free Relay     | 10           |
| 11            | 10-Under 100M             | 12           |
| 13            | 11-12 100 IM              | 14           |
| 15            | 13-14 200 IM              | 16           |
| 17            | Senior 200 IM             | 18           |
| 19            | 8-Under 25 Free           | 20           |
| 21            | 10-Under 50 Free          | 22           |
| 23            | 11-12 50 Free             | 24           |
| 25            | 13-14 100 Free            | 26           |
| 27            | Senior 100 Free           | 28           |
| 29            | 8-Under 25 Breast         | 30           |
| 31            | 10-Under 50 Breast        | 32           |
| 33            | 11-12 50 Breast           | 34           |
| 35            | 13-14 100 Breast          | 36           |
| 37            | Senior 100 Breast         | 38           |
| 39            | 8-Under 25 Back           | 40           |
| 41            | 10-Under 50 Back          | 42           |
| 43            | 11-12 50 Back             | 44           |
| 45            | 13-14 100 Back            | 46           |
| 47            | Senior 100 Back           | 48           |
| 49            | 8-under 25 Fly            | 50           |
| 51            | 10-Under 50 Fly           | 52           |
| 53            | 11-12 50 Fly              | 54           |
| 55            | 13-14 100 Fly             | 56           |
| 57            | Senior 100 Fly            | 58           |
| 59            | 8-Under 100 Medley Relay  | 60           |
| 61            | 10-Under 200 Medley Relay | 62           |
| 63            | 11-12 200 Medley Relay    | 64           |
| 65            | 13-14 200 Medley Relay    | 66           |
| 67            | Senior 200 Medley Relay   | 68           |