

# NOMAD 2010 Long Course Meet Schedule

**Swimmer's Name:**

**Age:**

**Group:**

**Coach:**

<u>Date</u>	<u>Meet</u>	<u>Location</u>	<u>Eligibility</u>	<u>Will Attend?</u>
May 7 – 8, 10	New South A+	MCAC	A+ swimmers in Silver, Gold, PI and Seniors	
May 7 – 8, 10	aMAYzing Meet	HFFA	Below A swimmers from all groups	
May 21 – 23, 10	NCAC A+	TAC, Cary, NC	PI and Seniors	
June 5 – 6, 10 (are definitely planning to attend)	Team Greenville Dash and Splash	Greenville, SC Westside Aq. Center	Entire Team	
June 25 – 27, 10 (are definitely planning to attend)	State Games	MCAC	Entire Team	
June 25 – 27, 10 (tentative)	Auburn Invite	Auburn University	PI and Seniors	
July 9 – 11, 10 (are definitely planning to attend)	Shelby Open Invite Qualifier	Shelby City Park	Entire Team	
July 16 – 18, 10	14 & Under State Champs	MCAC	A+ Swimmers, 14 and under	
July 23 – 25, 10	Senior State Champs	TAC, Cary, NC	AA+ swimmers	
July 30 – Aug 1, 10 (will attend if enough interest)	Tar Heel States Prelim/Finals	High Point City Lake Pool	*Must be slower than sectional cuts and have a BB time.	

\*This standard is based on short course "Tar Heel" meet and is subject to change.