

NOMAD Swim Team Practice Times

	Red Jen/Jamie	Blue 1 Jen/Gt	Blue 2 Jen/GT	Purple Jamie	Green Amy	Silver Amy	Yellow Brian/GT	Aqua GT	Bronze Brian	Gold Tim	Pre-Senior 2 Steve	Pre-Senior 1 Mark	Senior Mark
Monday		6:00-7:00pm	7:00-8:00pm				5:30-6:45pm	6:15-7:15pm	6:45-8:00pm	5:00-6:15pm	3:30-5:00pm	7:15-8:30pm	3:20-5:30pm
Tuesday	6:00-7:00pm				6:45-8:00pm	5:30-6:45pm		6:15-7:15pm		5:00-6:15pm	3:30-5:00pm	7:15-8:30pm	3:20-5:30pm
Wednesday		6:00-7:00pm	7:00-8:00pm	5:30-6:45pm					6:45-8:00pm	5:00-6:30pm	3:30-5:00pm	6:30-8:15pm	3:20-5:30pm
Thursday	6:00-7:00pm				6:45-8:00pm	5:30-6:45pm	6:15-7:15pm			5:00-6:15pm	3:30-5:00pm	7:15-8:30pm	3:20-5:30pm
Friday				6:30-7:30pm		5:30-6:45pm				5:00-6:30pm	3:30-5:00pm		3:20-5:30pm
Saturday					10:45-12:00pm	9:30-10:45am		10:45-12:00pm	9:30-10:45am			8:00-9:30am	8:00-9:30am